

## Video 113: Q&A Session #14

### Written by Wes Penre and Ariel Glad, January 1, 2019

*This is a transcript to video:*

<https://youtu.be/VehNnaZBXHQ>

Welcome to the first Q&A Session in 2019! Hope you'll enjoy!

QUESTION 1: What is your opinion on alchemy? What if any info can you provide on this subject? Some of what alchemists have said resonates with me. In the Astral realm and so forth we have to retain a golden body to Source? Can you provide info on fasting with just water intake?

ANSWER: Yes, we would recommend learning these fundamentals as they are presented by the Hermetic teachings. There is much to learn with studying alchemy. We can recommend Initiation into Hermetics by Franz Bardon to begin. Mark Passio also shares quite extensive knowledge in his series on learning the Tarot. Based on alchemical processes, too much or too little of one thing or another represents an imbalance with the four elements that are present within each of us. If there is beneficial information regarding water fasting, we have not come across it in our research. We do not recommend any extreme fasting, such as a water only fast, without learning more about it and making sure your health is in top shape before attempting to force your body into such a stressful state. We feel that a balanced diet can help us achieve whatever it is we need. There are no shortcuts to achieve quicker results for spiritual growth. Everything is a process that must be allowed to take the time it takes.

QUESTION 2: Sun gazing, polar lights, shall we expose to them or not? If this actual sun is superficially made, where is our original one?

ANSWER: This Matrix is almost certainly an interactive hologram (see our Video #112), which means that our physical bodies, which are of the Matrix, interact with everything else in the Matrix. Yes, the Sun we see in the sky is a ball of electricity, like a superimposed lightbulb, so to speak. Being in the sun would be beneficial for our bodies—they are like batteries, in that sense. We have no opinion on sun gazing, in particular. We have never done it, and it's not appealing to us. The original Sun is outside the Matrix—in the KHAA, where the real solar system is.

QUESTION 3: Wes, what is your definition of paradise? [Also], I've heard you have a forum for those who want to know more. How can I be a part of it, if that is possible?

ANSWER: We are all creator gods by default, so to us, Paradise is what we ourselves are able to create—it's an Inner Creation, which we can direct outwards and manifest in the Universe. When we're back in the KHAA, we can create freely, and that's a good opportunity to create Paradise, if we want to. The way the Matrix is set up, we see no opportunity to create Paradise here—there is too much interference, and it's an enclosed structure, created by beings who don't have our best interest in mind.

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QUESTION 4: I am still confused about the KHAA. If the 4 percent of the universe is everything we see with these 5 senses and anything beyond the 5 senses is the spiritual universe which is the KHAA. So then how can Enki and Marduk not enter it? I do not understand how were they were cast out of the KHAA if it is everywhere? And how exactly can we access the KHAA but they cannot?

ANSWER: Good questions! It's not that the Overlords can't enter the KHAA—like you wrote, the KHAA is everywhere. However, they are stripped of their creative abilities by the Orion Empire, so they need to mimic in order to “create.” If they don't have access to the universal creative energies, they need to take them from elsewhere, and that would be us humans. They need our energy to sustain themselves and this Matrix. Therefore, they are just as trapped here as we are. As Brett Stuart figured out via remote viewing, much of our soul energy goes to create wormholes, so the Overlords can use these to travel from one place to another. Thus, they are using the KHAA to do this, but it takes a lot of energy, so they can't do it to any great extent.

QUESTION 5: When we want to escape the grid and suppose and if we are offered help by someone, and they say they could help us out of the grid. Should we still not trust them? In Brett Stuart's video he says that during a remote viewing session his students saw that there were beings who want to help us out of this planet and that they sometimes send help that looks like ropes hanging and that we are supposed to climb on it if we see them. So should we not take any kind of help from the beings who want to give us a helping **hand**?

ANSWER: We believe that what Brett's team was seeing is correct. However, are these beings really there to help, or are they just “helping” us navigate through the astral, so we can be recycled back again? No, our advice stands—don't trust ANYBODY on your way out of the Matrix. Just go!

QUESTION 6: You said that we have to escape the grid first and then we go to Orion by thought. But can we go to Orion right after we die just by thinking about it without having to find a hole in the grid?

ANSWER: I, Wes, have been told by one of my trusted, anonymous sources that the best, and perhaps only practical way to exit the Matrix is to go through the Grid. I will personally not do anything else than that—trying something else means hesitation, and if it doesn't work, there is plenty of time for others to interfere with us.

QUESTION 7: Why is the Queen's empire based on hierarchy when all the souls are equal and are capable of great power?

ANSWER: Orion is actually not based on hierarchy—all souls are considered equal because we are all in this Universe to experience as individual souls, and ALL experience is helpful in the sense that the Divine Feminine (Source) learns more about Herself as a whole. Yes, there is an Orion Council, but it's not a ruling council. It's more accurate to see it as an overseeing unit, which is also there to help out when needed. It's natural that the Queen is the head of that council because She is more qualified to do so because of who She is. This is also ONE of many reasons why this Experiment has not ended. She is not the only one deciding on this—She is listening to what other star races want, and She takes that into consideration.

QUESTION 8: We discuss about spiritual things online and we talk with likeminded people here and all this seems normal to me. But as soon as I go outside and look at everything around me and meet people, I feel left out. The influence of other people's reality seems strong. How can I not let the madness and ignorance of the society affect me?

ANSWER: We learn to accept that other people have the Freewill to choose their own experiences. We learn to let go of wanting others to experience what we are experiencing. Yes, the influence of others is very strong because they are the majority in our population. We can help balance this effect by taking time for ourselves each day to turn inward and focus on our Spirit. Do something that brings you joy every day, no matter how small. We must make decisions every day to remain true to our intentions or we risk sliding back into the mud of society. Sometimes, it works and sometimes we slide. When we slide, just pick up and continue. We can become less affected by society when we disagree to participate in whatever drama they are wanting to create for us.

QUESTION 9: I wish for some clarifications or a viewpoint on the concept of higher self. I have my own theories, but I wish to hear yours. I've been listening to numerous individuals and each seem to have a different perspective regarding the subject. Some interact with "it" as a separate and/or bigger version of themselves, either a loving or an authoritarian being, when in an altered state of consciousness, some channel their higher knowledge, some merge with a higher aspect, or simply become more knowledgeable when wishing to become the higher self. Some individuals had negative experiences like someone had to "choose" from three apparent higher selves, other fear to merge with it as a fear to stop existing, and others know about it but just don't care. How would you tackle the matter especially when someone wants to exit the matrix upon dying, and how to know and trust a higher aspect of ourselves in order to not get tricked into having to return back into the matrix?

ANSWER: Your Higher Self is an integral part of you. It does not exist outside of you. You do not need to channel your Higher Self to communicate with it, as it is always with you, as a part of you. You also do not need to merge with it, as you have never been separated from it. You may have forgotten how to listen to it, but it has always been there. We can strengthen our connection and perception of our Higher Self by trusting ourselves and turning inward to seek guidance rather than looking outside for external answers. The more we listen to our inner self/Higher Self, the more familiar that "voice" becomes and the more we learn to trust it. When we begin to trust it more, it will become a natural part of our lives. Your Higher Self is your intuition, your creativity, your inner voice, and more. Your Higher Self knows who you truly are, and we need to practice listening to it so that we don't ignore it in favor of programmed thoughts, instead. Any negative experience that people perceive as coming from the Higher Self is NOT the Higher Self. We are 100% certain of that. Your Higher Self is the part of you that is still connected to our Divine Source. If someone is channeling, connecting to something that is outside of themselves, choosing between several different Higher Selves, or having negative or authoritarian experiences, that would not be the Higher Self. Higher Self is the part of you that remembers who you are, what you are, and where you came from. It is that part of you that is eternally connected to the Universe. It is an aspect of you, just as your body is an aspect of you. No need to go anywhere to meet with it.

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Some people who astral travel get a very clear reminder and experience this higher state of being (which is what is meant by Higher Self) when no longer with the physical body. They do not see it as anything separate from themselves. On the contrary, most of them report experiencing their “true self” in this **form**.

QUESTION 10: In the astral realm, the gray polarized area known as the 4th Dimension a soul will be greeted by a "Spirit Guide" or Guides and tell you that they want to help you cross over after your physical body has expired. After either ignoring that being or beings or politely telling them that you don't need help from here (the 4th dimensional now) with much focus, full intention and thought, see yourself through a hole in the Grid. I'm well aware that there will be challenges, and there must be no attachments to people you've had in your most recent lifetime; however, what does a soul/spirit/mind complex do when approaching Saturn, but more specifically The Zendar Council? As you cannot get into the Spiritual Universe (KHAA) and leave the solar system unless you get permission from the Council, will they use memories and experiences to give you a life review like post Between Lives Area like in the scenario of those that gravitate towards the Tunnel with the Light?

ANSWER: What's not taken into consideration in the above information is the holes in the Grid. There are other ways out of the Matrix, as well, but these exit points are well guarded, as told in the Emerald Tablets of Thoth, the RA Material, and elsewhere. Yes, there is most likely a Zendar Council, who act like gatekeepers, but you will only meet them if you ignore the Grid and ignore the tunnel and try to exit somewhere else. Then you'll meet the Guardians. If you instead concentrate on exiting through the Grid, the Zendar Council will not be an issue—you will never encounter them. When the Emerald Tablets were written, about 36,000 years ago, and when the RA Material was channeled, there were no holes in the Grid, so the only way out was via the Zendar Council.

QUESTION 11: When a human being kills another human being, these persons have no compassion, no empathy, no remorse, and although there are some that may regret what they've done, something inside of them compelled them to carry out the act in the first place. Looking at our worst criminals in history such as Vlad the Impaler, Jack the Ripper and Elizabeth Bathory, and Josef Mengele ,to name a few, it is very apparent to me that these are not human souls. Then we have human souls within the general population killing others that are being influenced by non-physicals. Psychologist and other professions refuse to look into the notion that serial killers etc are being influenced by non-physicals (as well as beings that can appear in the physical) from the lower astral plane. Full demonic possession is understood to various degrees but what do you think about how these beings either attach to humans, implant thoughts in their heads or the fact that Saturn and the Moon play a role in this?

ANSWER: If you have been watching our videos, you are familiar with the concept that some humans are, for lack of a better term, empty vessels. When a person is empty inside, they cannot generate their own soul energy and must take it from those around them. This, depending on how “starved” they become, causes them to act in ways that are sometimes very, very cruel. It doesn’t mean they are possessed by entities, although this is something we have considered. It’s possible these people are shells or vessels for malicious entities or programs enabling them to enter our physical reality. We do know that this happens. Some of these beings want to have a human experience and use such empty or immature humans to do this. If you find yourself compelled by certain vices, especially sex, drugs, alcohol, risk-taking behavior, and tendencies toward violence, either committing those acts or just being compulsively drawn to violent imagery, it is possible that you are being used by an entity that wants to have those experiences through you. We can’t say that all people who express antisocial personalities are possessed, but we can’t say they all are not, either. Don’t be lazy about doing the inner work it takes to bring yourself under full control of your own mind and power. The gods and their minions love debauchery and they often use us to experience it. It’s so easy for them this way. Don’t make it easy.

QUESTION 12: You mention in the WPP that most channeled material, origin included, are rarely who they claim to be. You say that some are AI while some are us humans in the future (A faction of Grays and Cyborgs) while others are part of the AIF. Researching this area for quite some time i say that this is very plausible, as many are promoting the Ascension, and others claim they want to help us help ourselves. This leads me to the many Galactic Federations and Councils that reside in our galaxy and beyond. Many have been in near Earth vicinity, watching what's going on for quite some time while others seem to be watching from a distance. Is there a Galactic Federation of Light that is not under Ashtar's command? A benevolent Galactic Federation that does not have an agenda?

ANSWER: In this Matrix, there is no Galactic Federation that has no agenda. These so-called federations are either working for En.ki or Marduk, depending on their agenda. They are all part of the programming and not to be trusted—we dare say that with certainty. I mentioned quite a few of them in the Wes Penre Papers (WPP), **Level 3**.

QUESTION 13: In my previous question when I asked about subliminal videos/audios your response was that subliminals, hypnosis, NLP, etc., are forms of programming whether positive or negative. What then are your thoughts on either stating out loud or quietly to oneself with regards to affirmations, chants, mantras, prayers. etc.? Is that too a form of programming as well?

ANSWER: It depends, in our opinion. We believe affirmations are perfectly fine and should even be encouraged, but we don't give too much credit to mantras and chants. We can't back that up with any proof, but to us, that feels like more programming, even when it's self-induced. It's much better to just learn to meditate by stilling our minds and clean them from thoughts. We've come to the point when we question guided meditation, as well. It goes right into our subconscious and put us in an altered state. Whatever is said, or whatever music you hear, is going to affect you subconsciously, and what is not conscious will at one point or another eventually trigger us.

QUESTION 14: I've been reading a lot lately about the benefits of crystals and the energy they emit whether it's used for health, financial, love or any other reason or situation. Usually, crystals seem to be heavily linked within New Age circles. Should one use crystals at all as a spiritual/metaphysical tool?

ANSWER: Yes, crystals are very helpful and useful. We do not have much practice with them, although we have a several of different types. Crystals can store, discharge, and amplify energy. Crystals are something that are very personal and individual. Use your own intuition to feel out what will work best for you in this area. Crystals are also very good for grounding to Mother Gaia, as they are part of Her.

The best crystals are the double-terminated ones. Crystals can be used to store memory, as communication devices, but can also have calming effects and other positive effects, depending on the crystal. For those who plan on buying some, the best way is to go to a store and feel them out. Which one, or ones, are you drawn to? These are the ones you should go for. When it comes to storing memories and communicating through them, we can't advise you how to do this, but in the KHAA, they are often used for these purposes. It can be done within the Matrix, too, but we don't know how that works.

QUESTION 15: Are you familiar with A Course of Miracles? If so, what are your thoughts? Also, since you have mentioned Barbara Marciniak's work in previous videos, I thought I would mention that in one of her videos she or the Pleiadeans say a ACIM is the work of the CIA. Personally, I find that statement difficult to entertain. In the arena of ACIM, I follow the work of Gary Renard and Ken Wapnick. I like to think it's time for me to wake up or leave this matrix.

Answer: Yes, we are familiar with A Course in Miracles. When it comes to giving our opinion on the material of others of a Spiritual nature, we would turn that question back to you and ask if you are benefiting from it. Are you learning more about yourself? Are you finding answers? Do the lessons expand your perspective and help you grow? Do the lessons make you feel good? If you find

that these lessons are giving you something you need and desire, then you are where you need to be right now. Nothing can be guaranteed to be entirely innocent or corrupt. When we are drawn to certain information, we take what we can from that source, we learn and grow with it, and then we will know when we have gained all we can from it. When it's time to move on, we wait until the next learning lesson appears. It doesn't matter so much the source as it does the information being given and whether we can use it for our growth. If we discard something just because someone tells us, "Don't look there!" we might miss something we need to learn. If you are drawn to it, you can be sure there is a reason.